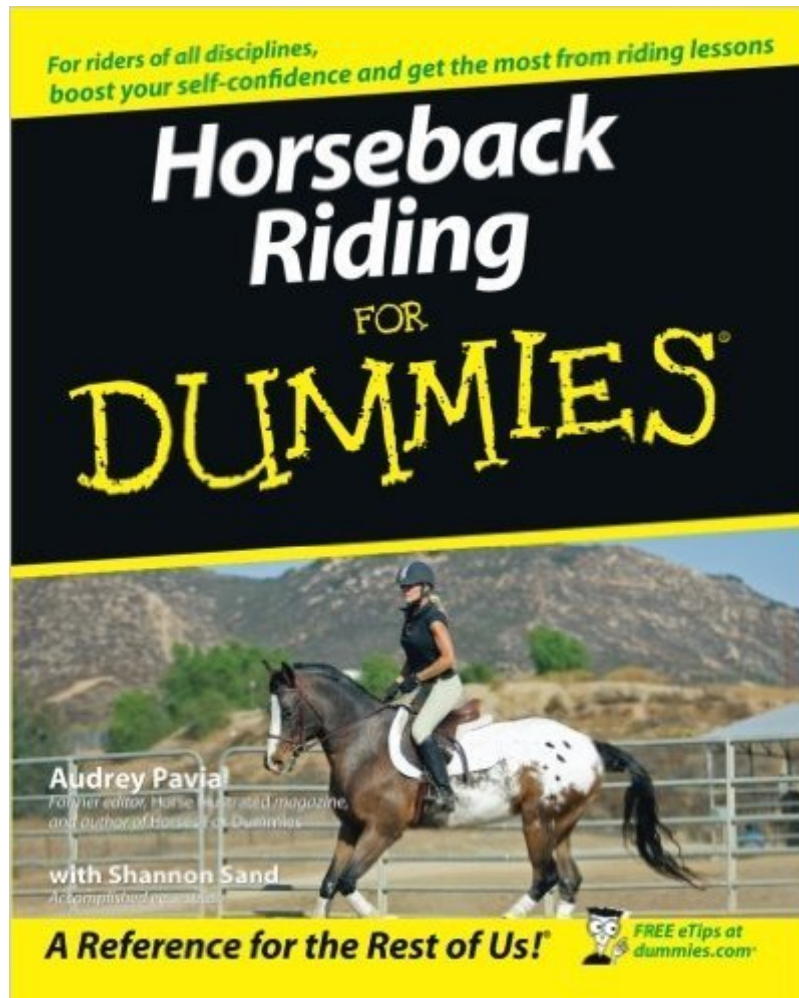


The book was found

# Horseback Riding For Dummies



## Synopsis

You've always dreamed of riding horses. So what are you waiting for? It's time you realized your equestrian dreams and learned to ride like a pro on the back of a noble steed. And *Horseback Riding for Dummies* shows you how. Don't know a horse's head from its tail, a trot from a canter, withers from a fetlock? No problem. Coauthored by a medal-winning equestrian and nationally respected equestrian trainer, it tells you what you need to know about that elegant animal, body and soul, to become an accomplished rider. And it trains you in all the technical basics of riding for fun or competition, including how to:

- Find a good stable and instructor
- Select riding gear
- Warm up and keep riding muscles fit
- Establish a rapport with a horse
- Cue a horse to walk, jog, trot, lope, and canter
- Ride in the ring and on trails
- Improve your balance and timing
- Compete in horse shows
- Buy and care for your own horse

Stop dreaming about it and learn to ride like the wind with *Horseback Riding for Dummies*—the ultimate beginner's guide to all things equestrian.

## Book Information

Paperback: 388 pages

Publisher: For Dummies; 1 edition (April 30, 2007)

Language: English

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Product Dimensions: 7.4 x 0.8 x 9.3 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (46 customer reviews)

Best Sellers Rank: #45,623 in Books (See Top 100 in Books) #29 in [Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Riding](#) #29 in [Books > Sports & Outdoors > Individual Sports > Horses > Equestrian](#)

## Customer Reviews

Had not been on a horse for over 30 years. I bought this book to get acquainted once again with techniques before taking lessons or coaching. This book is recommended for the beginner or intermediate rider. It is easy to read. Easy to use for research on particular points of riding. Good easy style of writing.....welcoming you to go out quickly and confidently.....you don't need to be a dummy!!!

First, let me say that this book is packed with essential information for the beginning rider. My riding

instructor recommended it and it helped me to read it before getting on a horse for the first time. I had much more confidence than I would have had otherwise, and was grateful for that. I will keep this around as a reference, it is a good one. I have two issues with the book - first, it does not proceed in a linear fashion, every paragraph refers you to another section of the book. Really irritating. This is partly the Dummies format, but I have read many of that series, and this one is the worst on that score. The second is the reference to Christopher Reeve as the poster boy for why you should wear a helmet when riding. To conjure up his image to scare new riders into wearing a helmet is in terrible taste, to say the least. And, the fact is, Mr. Reeve, who was a wonderful human being, WAS wearing a helmet at the time of his unfortunate fall. He was also involved in an event, jumping on a thoroughbred horse, not a beginner on a trail ride. The case for wearing a helmet, a valid one (more injuries happen to horse riders than motorcyclists) could have been made without this tasteless raising of Christopher Reeve as a specter to frighten novice horse riders.

This is great for a beginning rider or to brush up on general info if you've been away from the sport in a while. There are great photos to accompany the easy to follow text, and the author knows what she's talking about. I like how it covers both Western and English riding and even includes horse "etiquette" sections. Great book overall!

This is a GREAT book!!!! I have been riding for years and years and love to step back and resolidify the basics!!! This book is awesome for that and I am sure the new horseback rider would feel so confident and knowledgeable after reading this book!!!! Awesome 5 star!!!

A really good source of information and guidance for newcomers to the Horse world. They appendix lists good sources for apparel, competition rules, and breed organizations. Overall an easy, fun guide for a newcomers to riding with lots of good illustrations and cartoons.

I love the "for Dummies" books, they break it down to the basics. This one doesn't disappoint. I've been a western horsewoman my entire life, teach horsemanship and recommend books to students. This one is on the recommended reading list now.

I had viewed this book in a local bookstore and then purchased it online through . The book was exactly what I was looking for. Great information for a novice horse owner and rider. Much of what I have read has been confirmed by my ferrier who has over 50 years experience with horses.

The format is the same as all the "for dummies" books. It tries to deal with all kinds of riding, English, Western, Hacking, show, etc, That's a lot of information to attempt to pack into one book, so, while "everything" is covered, it's basic, and there really are none of the tricks of the trade that other more focused books contain. It's worth the price though and might be a help if you haven't decided which kind of rider you want to be.

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